



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 14248, Alcoholic beverage, beer, light, higher alcohol

Report Date: May 24, 2017 00:07 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	92.88	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Energy	kcal	46	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Energy	kJ	191	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Protein	g	0.25	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2015
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2015
Ash	g	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Carbohydrate, by difference	g	0.77	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Sugars, total	g	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Minerals													
Calcium, Ca	mg	4	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Iron, Fe	mg	0.03	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Magnesium, Mg	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	12	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Potassium, K	mg	21	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Sodium, Na	mg	4	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Zinc, Zn	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Copper, Cu	mg	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Selenium, Se	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Thiamin	mg	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Riboflavin	mg	0.015	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Niacin	mg	0.391	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin B-6	mg	0.034	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Folate, total	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Folate, food	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Folate, DFE	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Choline, total	mg	8.8	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin B-12	µg	0.02	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	14006	05/2015
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
6:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
8:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
10:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
12:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
14:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
18:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Amino Acids													
Other													
Alcohol, ethyl	g	6.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2015